Trainingsplan EHC Arosa U9 - U16 Saison 2026-2027

Termine November 2026

KW 44							Sonntag 01
							Swiss Hockey Day
KW 45	Montag 02	Dienstag 03	Mittwoch 04	Donnerstag 05	Freitag 06	Samstag 07	Sonntag 08
	17:00 - 18:00	17:00 - 18:00				15:15 U14 vs Fortuna	16:30 U16 @ Schaffausen
	Eistraining U9	Eistraining U9					
	17:00-17:30	18:00 - 19:00		18:00 - 19:00			
	Off-Ice U14-U16	Eistraining U14-U16		Eistraining U9			
	18:00 - 19:00	19:15-19:45		19:00 - 20:00			
	Eistraining U14-U16	Off-Ice U14-U16		Eistraining U14-U16			
KW 46	Montag 09	Dienstag 10	Mittwoch 11	Donnerstag 12	Freitag 13	Samstag 14	Sonntag 15
			17:00 - 18:00	17:00 - 18:00			11:30 U14 @ Kreuzlingen
			Eistraining U9	Eistraining U9			11:30 U9 @ Lustenau
	17:00 - 18:00		18:00 - 19:00	17:00-17:30			15:15 U16 vs Herisau
	Eistraining U9		Eistraining U14-U16	Off-Ice U14-U16			
	18:00 - 19:00		19:15-19:45	18:00 - 19:00			
	Eistraining U14-U16		Off-Ice U14-U16	Eistraining U14-U16			
KW 47	Montag 16	Dienstag 17	Mittwoch 18	Donnerstag 19	Freitag 20	Samstag 21	Sonntag 22
			17:00 - 18:00	17:00 - 18:00			13:30 U14 vs Winterthur
			Eistraining U9	Eistraining U9			11:45 U9 @ Chur
	17:00 - 18:00		18:00 - 19:00	17:00-17:30			15h00 U16 @ Grischun
	Eistraining U9		Eistraining U14-U16	Off-Ice U14-U16			
	18:00 - 19:00		19:15-19:45	18:00 - 19:00			
	Eistraining U14-U16		Off-Ice U14-U16	Eistraining U14-U16			
KW 48	Montag 23	Dienstag 24	Mittwoch 25	Donnerstag 26	Freitag 27	Samstag 28	Sonntag 29
	17:00 - 18:00			17:00 - 18:00			14:30 U14 @ Rapperswil
	Eistraining U9			Eistraining U9			
	18:00 - 19:00	17:00 - 18:00		17:00-17:30			15:15 U16 vs Rheintal
	Eistraining U14-U16	Eistraining U9		Off-Ice U14-U16			
	19:15-19:45	18:00 - 19:00		18:00 - 19:00			
	Off-Ice U14-U16	Eistraining U14-U16		Eistraining U14-U16			

Trainingsplan EHC Arosa U9 - U16 Saison 2026-2027

Termine Oktober 2026

KW 40				Donnerstag 01	Freitag 02	Samstag 03	Sonntag 04
				18:30 - 19:30			
				Eistraining U9		13:00 U14 vs Reintal	
				18:30-19:00			
				Off-Ice U14-U16			
				19:30 - 20:30			
				Eistraining U14-U16			
KW 41	Montag 05	Dienstag 06	Mittwoch 07	Donnerstag 08	Freitag 09	Samstag 10	Sonntag 11
						Herbstferien	Herbstferien
			13:30 - 14:30	18:00 - 19:00			11:15 U16 @ Pikes
			Eistraining U9	Eistraining U9			
	18:00 - 19:00		13:30 - 14:30	18:30-19:00		15:15 U14 vs Uzwil	
	Eistraining U9		Eistraining U14	Off-Ice U14-U16			
	19:00 - 20:00			19:00 - 20:00			
	Eistraining U14-U16		17:00 U16 @ Chur	Eistraining U14-U16			
KW 42	Montag 12	Dienstag 13	Mittwoch 14	Donnerstag 15	Freitag 16	Samstag 17	Sonntag 18
	Herbstferien	Herbstferien	Herbstferien	Herbstferien	Herbstferien	Herbstferien	Herbstferien
			17:00 - 18:00				
			Eistraining U9				
	17:00 - 18:00		18:00 - 19:00	17:00 - 18:00			
	Eistraining U9		Eistraining U14-U16	Eistraining U9			16:30 U9 @ Montafon
	18:00 - 19:00		19:15-19:45	18:00 - 19:00			
	Eistraining U14-U16		Off-Ice U14-U16	Eistraining U14-U16			
KW 43	Montag 19	Dienstag 20	Mittwoch 21	Donnerstag 22	Freitag 23	Samstag 24	Sonntag 25
	Herbstferien	Herbstferien	Herbstferien	Herbstferien	Herbstferien	Herbstferien	Herbstferien
				17:00 - 18:00		11:15 U14 @ St-Gall	
				Eistraining U9			
	17:00 - 18:00	17:00 - 18:00		17:00-17:30			
	Eistraining U9	Eistraining U9		Off-Ice U14-U16			
	18:00 - 19:00	18:00 - 19:00		18:00 - 19:00			
	Eistraining U14-U16	Eistraining U14-U16		Eistraining U14-U16			
KW 44	Montag 26	Dienstag 27	Mittwoch 28	Donnerstag 29	Freitag 30	Samstag 31	
		17:00 - 18:00					
		Eistraining U9					
		18:00 - 19:00					
	17:00 - 18:00	Eistraining U14-U16			17:00 - 18:00		
	Eistraining U9	19:15-19:45			Eistraining U9		
	18:00 - 19:00	Off-Ice U14-U16			18:00 - 19:00		
	Eistraining U14-U16				Eistraining U14-U16		